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## “You are a story”

**Stories exist everywhere.** We enjoy compelling stories when watching movies, sporting events, viewing art exhibits, and listening to music lyrics. Some stories remind us of joy, love, and hope, while other stories are marked by pain, struggle, and brokenness.

It's not surprising. As Dr. Allender says in his book *To be told*,

**“You are a story. You are not merely the possessor and teller of a number of stories; you are a well written, intentional story...”**

Not only do we recognize and experience our purpose and meaning as we share and listen to our stories, but stories allow us to meet, understand, and connect well with others... even people we don't know.

# So what's your story?

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# So what's your story?

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# Storyteller

- Single
  - Married
  - College student
    - Part Time
  - Has lived locally
    - < 10 years
    - > 10 years
  - Visiting from out of state
  - Grew up attending church (of any religion or spirituality)
  - Working
- They are the first in their family to go to college
  - They want to know more about Destino
  - They want to explore the story of Christianity
  - They want to hear MY story sometime
- Cell:
- Email:

## Story

### Greatest Lesson Learned

- What's the greatest lesson you feel you've learned so far in your life's journey?
- What is your greatest success and your greatest failure?
- What is the greatest piece of wisdom ever passed on to you?
- Have any of these lessons been developed or influenced by any spiritual/religious background or belief?

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## Story

### Childhood

- What was the makeup of your family growing up? Describe your family members and what it was like growing up in your family.
- How would you change the way you were raised?
- What things are you doing/going to do to raise your kids differently?
- Are there any spiritual/religious beliefs that you think would be helpful for your kids to grow up with? Any that are not helpful?

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## Story

### Betrayal

- Please describe what happened...who betrayed whom?
- Was there something that was lost due to the act of betrayal? What was lost?
- Was there a lesson learned from the experience? Is that still a significant less and value in your life?
- Are there any spiritual beliefs or life values that have helped you recover or redeem what you experienced?

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# Story

## Courage

- Please share a story of when you acted or performed courageously and describe the context and the situation surrounding the story
- What were the emotions that you experienced?
- What is required in order to act courageously? What keeps a person from acting courageously?
- Are there any beliefs that you hold strongly that you would defend or act courageously for? What are those beliefs?

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# Story

## Love experienced / love lost

- When was a significant time when you knew you were in love with another person?
- Did anything (ie. emotions, situation) change from that moment or with that person?
- What do you believe is important in regard to loving yourself and others well?
- Is there someone or a story that you know of that exemplifies love well?

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