

Objective: As believers in Jesus we are a new creation, in Him. The old has gone and the new has come! The Holy Spirit lives in us, so we are not alone in living out our walk with Jesus.

We may not always feel like we are a new creation, in Jesus--- but we are! We all have a past, are living in the present, and have a future. It's easy for us to get stuck in the past because we have already lived through it, and sometimes don't have the eyes to see what we are living in now, or have hope for the future. The bible has several different chunks of scripture that describe who we once were, and who we are now in Christ! Here is one example of where the bible talks about this. **Read Ephesians 2:1-10**

Think about some of the things that you once were, that would be ridiculous for you to still be. *(let your familia answer this question)*
For example: When you were about 2 or 3 your parents probably started to potty train you. Up until that point you would poop in your pants and go about your life. But—during your potty training days your parents would probably jump up and down, give you candy, and praise you because you pooped in the toilet. Neither of these things are true of us now (I mean, I hope not...) We don't have people praising us because we made it to the restroom in time, that would be absolutely ridiculous for us to continue to expect that or live life like that. This example may have been a silly one, but think about how ridiculous it would be if we continued to live life the way we did before Jesus? *Have your familia point out different things that we used to be, then have them point out things that are true of us as followers of Jesus, according to Ephesians 2:1-10*

- **Question:** What do you think holds us back from believing and living out the Truth, that in Christ we are a new creation?

As followers of Jesus, we aren't in this alone. We have an Advocate, the Holy Spirit, which lives inside of us and was promised to us by Jesus, when He walked on this earth. **Read about this Holy Spirit in John 16:5-16**

- **Question:** What excites you most about what you read in John 16:5-16?

Lessons to take away

1. The normal Christian life is STRUGGLE.
2. If I try to fight alone, I will lose.

Read 2 Corinthians 5:17 and draw a picture of what it would like if we lived out this Truth?

Talk about it—and then break up into pairs and pray for each other. That we would live it out, and depend on the Holy Spirit.

Application: *(Ask how they did with applying what they learned last week)*

- Consider reading one of these passages everyday for the next week.
- Talk with a friend about what you learned tonight. If they don't know Jesus it could be a great spiritual conversation starter!
- PRAY PRAY PRAY that you would be led by the Spirit more.